

2020-08-17 kl 23:23

kl.	Løb	Gruppe	Delt	heat	Hammer	Vægt	kl.
18:00	10.000m	K60-85+M60-85	12	1	K65-75+M65-85 13		18:00
19:15	10.000m	K30-55+M50-55	16	1			19:15
19:30						K65-75+M65-85 13	19:30
20:10	10.000m	M30-45	15	1			20:10

LØRDAG

DM Masters 2020

kl.	Løb	Gruppe	Delt	heat	Stang	Længde	Spyd	Hammer	Vægt	kl.
12:00					M30-55 5		K30-90+M60-85 17			12:00
12:50	110m hæk 106,7/99,1cm	M30-45	1	1						12:50
12:55	* 99,1cm (M35,M40,M45)									12:55
13:00	100m hæk 83,8cm	K30-35+M50-65	7	1						13:00
13:10	80m hæk 76,2cm/68,6cm	K40-80+M70-85	3	1						13:10
13:15	* 68,6cm (K60> og M80>)					M60-85 14				13:15
13:20							M30-55 5			13:20
13:30	1.500m	M30-40	6	1						13:30
13:40	1.500m	M45-50	11	1						13:40
13:50	1.500m	M55-60	11	1						13:50
14:00	1.500m	M65-85	5	1						14:00
14:10	1.500m	K30-80	8	1						14:10
14:20								M30-60+K80 12		14:20
14:25	100m	K30-50	7	1						14:25
14:30	100m	K55-85	4	1						14:30
14:35	100m	M45	8	1		K30-90 8				14:35
14:40	100m	M55-60	6	1						14:40
14:45	100m	M30-40	2	1						14:45
14:50	100m	M50	7	1						14:50
14:55	100m	M65	4	1						14:55
15:00	100m	M70+M85	7	1						15:00
15:05	100m	M75-80	8	1						15:05
15:20	3.000m Forhindring 91,4cm	M30-55	5	1	M60-85+K30-85 6					15:20
15:35						M30-55 8				15:35
15:45								K30-60 7		15:45
15:50	2.000m Forhindring 76,2cm	K30-80+M60-85	2	1						15:50
16:20	400m	K30-55	6	1						16:20
16:25	400m	K60-85	4	1						16:25
16:30	400m	M30-40	8	1						16:30
16:35	400m	M45-55	7	1						16:35
16:40	400m	M60	6	1						16:40
16:45	400m	M65-85	9	2						16:45
17:00	3.000m Kapgang	K30-80+M30-85	8	1					K30-60+K80+M30-60 11	17:00
		D15+D19	2							
17:35	1.000m Stafet	K30-85	2	1						17:35
17:40	1.000m Stafet	M30-50	7	1						17:40
17:45	1.000m Stafet	M55-85	3	1						17:45

SØNDAG

DM Masters 2020

kl.	Løb	Gruppe	Delt	heat	Højde	Trespring	Diskos	Kugle	kl.
10:00	300m & 400 hæk	K30-65+M50-75	6	1	M30-45 5	M60-85 6	K30-85 8	M30-50 4	10:00
10:05	* 84cm(M50),76,2cm(K30+M60), 68cm (K60, M70,M75)								10:05
10:30	5.000m	K30-80	14	1					10:30
10:40								M55-60 11	10:40
11:05	5.000m	M30-45	11	1					11:05
11:10					K30-90 6				11:10
11:30	5.000m	M50	10	1					11:30
11:40								M65-85 6	11:40
11:45							M55-60 11		11:45
11:55	5.000m	M55-60	8	1					11:55
12:20	5.000m	M65-85	7	1					12:20
12:25								K30-90 12	12:25
12:30					M65-85 7				12:30
13:00							M30-50+M65-85 12		13:00
13:05	200m	M30-35	1	1					13:05
13:10	200m	M40-45	8	1		M30-55 4			13:10
13:15	200m	M50-55	12	2					13:15
13:20	200m	K30-40	4	1					13:20
13:25	200m	K45-60	7	1					13:25
13:30	200m	K65-85	3	1					13:30
13:35	200m	M70-85	11	2					13:35
13:40	200m	M60-65	7	1					13:40
13:45					M50-60 7				13:45
13:55	800m	K30-80	8	1					13:55
14:05	800m	M30-50	14	1					14:05
14:15	800m	M55-85	14	1					14:15